

Rockland Council on Aging

317 Plain Street

Rockland, Ma. 02370

Secretaries Report

April 20, 2016

With a quorum (at least 7) present Assistant Chairperson Audrey Ryan called the meeting to order at 9:30.

Roll Call:

Lorraine Ahern	P	Chris Kelley	P	Rita Howes A	P
Jean Callahan	P	Beverly Ladner	E	John Rogers A	E
Cynda Childs	P	Audrey Ryan	P	Agnes Smith A	P
Eleanor Cole	P	Patti Penney	E		
Jack Conway	P	Peter Stonis	P		
Lu Crowley	P				

Approval of Minutes from previous meeting / **Secretaries Report:** Motion made by Jean Callahan to accept the secretaries report and seconded by Rita Howes

Old Colony Elder Services: Agnes Smith

- There is a bill in the Senate to allow married spouses to receive pay for Home Health Care of a spouse. The Bill has already passed the House
- There is a new program to prevent abuse of the elderly by their children (taking their money, not providing for their physical and mental health needs etc. This program will include language to prevent the sexual abuse of elderly seniors

Old Colony Planning Council: No Report

Financial Report: A motion was made by Lorraine Ahern to accept the report as read, seconded by Chris Kelley - the vote was unanimous. Current balance: \$46,159.54 (There is \$1,719.00 earmarked for the Senior Olympics)

Warrant Report: The Bill Warrant was duly signed by all members present.

Outreach Report: A motion was made by Peter Stonis and seconded by Eleanor Cole to accept the report.

- The Norwell VNA is presenting a Program on Diabetes Self-Management on Wednesdays starting June 8th - July 6th, 2016 from 12:45 PM – 2:45PM. It is a five-week educational series for individuals who are living with pre-diabetes and diabetes.
- On May 17, 2016 there will be a program called “Milk and Cookies”. Participants will be able to taste a variety of soy, almond, rice and coconut milks. Cookies will also be served.
- There will be a program on chronic pain on June 14th at 1:45-2:00 PM explaining the holistic treatment and methods.

Director’s Report: Director Peggy’s was at a meeting and the report was presented by Jack Conway

There was discussion about future entertainment at the center. Some possibilities might include:

Theater Group – Julie Childs

Talent Show – By the Men’s’ Club scheduled for June 26, 2016 has been cancelled.

Bus Trip to Patriots Place

- The men’s club is sponsoring a bus trip to Westport, Ma. For Wine Tasting and a luncheon at Whites Restaurant on July 30th, 2016. Maximum numbers of persons are 50
- August 24, 2016 the Men’s Club is sponsoring a Golf Tourney at the Rockland Golf Course. Tickets include a BBQ dinner and entertainment by Bob Sylvia
- September 24, 2016 there will be a “Pig Roast” at the center. Hot dogs, hamburgers and corn chowder will also be served along with watermelon. Tickets will be \$25.00.
- The Annual dinner for the Golden Ages will be at the Rockland Golf Course this year.
- Dues of \$5.00 are due in September for the Golden Ages

With no further business a motion was made by Peter Stonis and seconded by Jack Conway to adjourn the meeting at 10:16.

Next meeting May 18, 2016 @ 9:30 AM

Respectfully Submitted,

Lorraine Ahern

Secretary COA April 20, 2016